

Welcome to our Newsletter...

I would like to start by thanking you our members for all your support over this last difficult year for WSUN.

Because of your support and the commitment of the staff and Management Committee Members, WSUN continues in its role as a leading User Led Organisation with over 700 members.

Our CEO Louise has been actively looking for new funding areas for the services you have been telling us are lacking in Wiltshire, so we can continue to ensure your

voices are heard. One of these projects "Find Your Voice Neurological Singing Group" has already started following requests from members and meets weekly in Seend Community Centre.

Following a successful bid we are holding forums on behalf of the police to find out Residents thoughts and experiences of hate crime and we are doing some fantastic work developing a project for autistic people. We continue to give support to Melksham Forum 55+ and the Lyneham Memory Club.

Our Independent Travel Training Staff have been working with Bath and

North East Somerset Council and continue to support young people to travel independently.

As you can see WSUN continues to go forward and still has a role to play as a User Led Organisation in Wiltshire and with your support intends to continue in this role.

As always we value your thoughts on issues important to you, so please continue to be in touch with your views or thoughts on our activities.

With all our best and warmest wishes

Diane Gooch,

Chair of WSUN

Windy Beneath My Wings!

In a few months I will be 50 and my partner has decided I should throw myself out of a plane at 1500 ft, with a strange bloke strapped to my back! (Hopefully with a parachute?!)

I will be doing this jump on the 6th of October! (Close to my birthday!)

Joking aside I have always been passionate about the work of WSUN! As many of

you may know, I used to work for WSUN and did so for 12 years, now I volunteer for them, when I can. The reason I do this is because I believe in our values of being supportive and empowering in the way we work, so we can all reach our full potential!

If you're able to donate to WSUN or tell your friends and family about how they can help, or do both, then you can do so online at:



<https://localgiving.org/its-gonna-be-windy-beneath-my-wings>

Or by contacting the office. Thank you.

Martin Fortune,

**Vice Chair WSUN
Management Committee**

Find Your Voice

Find Your Voice is a weekly singing and social group for people living with Parkinson's and other neurological conditions including stroke and long term conditions (adults 18+).



It's a very friendly group, you don't have to be able to sing, even a whisper is enough. Through using fun vocal exercises, the sessions can help to improve actions such as swallowing and the strength of your voice.

The group meets at:

**Seend Community Centre
Rusty Lane
Seend
SN12 6NS**

Come along and join us for a cuppa on a Monday at 1.30pm, singing 2pm-3pm.

Weekly sessions cost £2 per person. Carers and relatives most welcome.



Our next sessions begin on Monday 9th September 2019. The group runs during term time only.

To find out more please contact Louise Rendle at Wiltshire Service Users' Network:

Call 01380 871800 or email louiserendle.wsun@btinternet.com

We look forward to welcoming you to a group meeting soon!

We Need You!

WSUN is looking for new Associate Management Committee members to join its existing committee.

Do you have experience of Marketing and PR, fundraising or finance? We'd like to hear from you.

The role includes:

- Regularly attending bi-monthly meetings and sub group meetings
- Reading minutes before meetings and highlighting any issues that you feel need raising
- Contributing to discussions
- Making joint decisions in the best interests of the organisation
- Being supportive and listening to the view of others